



NEWSLETTER

DATE 28th February 2023

UP COMING DATES

Thursday 2nd March - World Book Day

Monday 10th March - 19th March - British Science Week. Parents/carers invited in on the afternoon of Friday 17th

Friday 17th March - Red Nose Day

Thursday 23rd March - CAMHS workshop 2.15 - 4pm

Friday 24th March - Careers event linked to our Diploma focus

Thursday 30th March - Adult free meditation session 4 – 4.30pm

Friday 31st March - Clothes donations to be brought in for The Clothing Bank

Friday 31st March - Break up for the Easter holidays

Monday 17th April - Return to school

Eat Them to Defeat Them!

“80% of kids don’t eat enough vegetables. If you are worried about your child’s mood, behaviour and learning, a good place to start is their diet.” Eat Them to Defeat Them was created by Veg Power and ITV as a fun way to encourage kids to eat more veg. There is a massive TV advertising campaign, activities in thousands of schools, and our websites full of tips, hacks, advice and fun to help you succeed.

Please see the below websites for healthy, sustainable and cost-effective meal ideas.

<https://eatthemtodefearthem.com/caterers/meal-themes/>

<https://drive.google.com/file/d/1TONbh8NGf2ji6IKTNbfjiN8sjrC50OO/view>

We love seeing our children trying new vegetables both in school and at home and helping to stop the vegetables taking over the world!



Safer Internet Day

Our Digital Leaders regularly visit classes and host assemblies linked to Computing and Internet Safety. Linking to our RSE curriculum, our Digital Leaders confidently spoke about how to show respect to others online, whilst also being aware that people may not be who they seem.



Please see the following website for more information to support your child online:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023>

World Book Day: 2nd March

We are looking forward to celebrating a love of reading (as always!) Our Reading Ambassadors asked every class for their suggestions and they’ve tried to include as many as possible! From quizzes and games, to shared reading and competitions, they can’t wait to have a day dedicated to books and reading! Please see the letter emailed out. Everybody is invited to dress up as a book character on Thursday 2nd March. Book in a box competition entries are to be brought in by Wednesday 1st March. Our Reading Ambassadors are excited to see everybody’s efforts and judge the winners!



Community

International Book Giving Day. We love to spread kindness, be bucket fillers and support our local community. Thank you to everybody who donated books for the Children’s Ward at Pinderfields Hospital. We received a mention on the Mid Yorkshire Hospitals Charity social media and we received a letter of thanks! “Grateful Mondays. Today we would like to say a huge thanks to Outwood Primary Academy Lofthouse Gate for the amazing donation of books and lovely handmade cards for our amazing staff at Pinderfields and for patients on the Children’s ward.”



Outwood Church. This month we invited Revd. Glenn Coggins to Lofthouse Gate for the first time to host the first of many assemblies. We look forward to maintaining links with our local church.

Careers Event. We look forward to inviting family members and locals into our academy for our careers event on 24th March. This is a great opportunity to inspire our children and for them to become more aware of potential future aspirations.

Social Times

Our School Parliament have done a great job of asking children what changes they would like to see at break and lunch times. We now have new zoned areas with requested activities, calm areas for reading, colouring and drawing, a performance area, the FIT board Friday focus.



Wellbeing

Our Mental Health and Wellbeing champions, Miss Cleasby and Mr Greensmith (from SSP) continue to share tips and techniques of how to promote positive mental health, physical health and wellbeing. Please follow the purple tabs below on our website if you require external services or support:

<https://www.lofthousegate.outwood.com/mental-wellbeing>

We are looking forward to welcoming CAMHS and Andy’s Man Club to Lofthouse Gate on 23rd March and offering a free meditation session on 30th March.