

31 January 2022

## **Outwood Primary Academy Lofthouse Gate**

Canal Lane, Lofthouse, Wakefield, West Yorkshire, WF3 3HU Tel: +44(0)1924 821160

Web: www.lofthousegate.outwood.com

Chief Executive Principal, Primary: Mr Lee Wilson

Principal: Mrs Lynsey Hadfield

## Dear Parents/Carers

We are hoping to start a Mental Health and Well-Being Club for key stage 2 children which will be led by Miss McGhee one of our student teachers. The club will run on Thursday's starting 3 March for 6 weeks.

As part of the club children will take part in activities that will include:

- Yoga
- Meditation
- Making our own stress ball
- Playing board games

If your child would like to take part in the club, please complete the slip below and return to the school office by Thursday 3 February. Please note, as spaces are limited, places will be allocated on a first come first served basis to the first 20 children.

Children must be picked up promptly at 4:15pm from the main school office.

Yours Sincerely

Mrs L Hadfield Principal

KS2 Mental Health and Well-Being Club			
Child's name		Class	
My child can take part in the Club on Thursday's 3:15pm – 4:15pm	[ ]	]	
have made arrangements for my child to be collected from the session	on [ ]	]	
My child may need to use an inhaler during the session	[ ]	]	
Other medical conditions the teacher may need to be aware of			
Signed	(Parent/Carer)	) Date	

Please complete and return this reply slip to the school office by Thursday 3 February

Outwood Grange Academies Trust is a company limited by guarantee, registered in England and Wales (No. 06995649)

Registered office: Potovens Lane, Outwood, Wakefield, West Yorkshire WFI 2PF

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