

Thursday 17th March

Tea and Talk Morning

Dear parents/carers,

Thank you to all those who completed the Mental Health and Wellbeing Survey that was sent at the beginning of January.

Following this, we wanted to respond to the feedback and host a 'Tea and Talk' morning on **Thursday 28th April**.

This will start at **9am and run until 11.15am**.

You are all welcome to join for the full session or for part of the morning. We wanted to offer you the opportunity to talk and ask questions whilst enjoying a brew and a biscuit!

We are very excited to have secured some guest speakers from both local and national charities and agencies.

These include a member (or two!) from Papyrus (alongside Mrs Perrow), Andy's Man Club, Wakefield CAMHS and Mrs Berrie who uses massage as a way to promote positive mental health.

Our Mental Health and Wellbeing Champions will be on hand to greet you at the **main reception and take you to the hall**. They will also share their important role within the academy.

As an indication of numbers (and so we have enough biscuits to go around!), please could you fill in the slip below if you are hoping to join us. Please return to your child's class teacher before 31st March. Alternatively, if you would prefer please email enquiries@lofthousegate.outwood.com to indicate you would like to attend with your name, your child's name and class and any dietary requirements you have.

As always, we take onboard your feedback and if an after school session would be more appropriate for families, please indicate on the slip or email and I can look at organising another out of school hours.

Thank you in advance for your support,

Miss Cleasby
Vice Principal and Mental Health Lead

Yes, I would like to join on Thursday 28th April for the 'Tea and Talk' morning.

Name: _____

Child/children in school and their class: _____

Any dietary requirements: _____

A session after school would be more suitable for me to attend _____

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