



# NEWSLETTER

DATE 31<sup>st</sup> March 2023

## UP COMING DATES

**Friday 31<sup>st</sup> March** - Break up for the Easter holidays

**Monday 17<sup>th</sup> April** - Return to school

**Thursday 27<sup>th</sup> April** - Coffee morning with Future in Mind (more information to follow)

**Monday 1<sup>st</sup> May** - Bank Holiday

**Thursday 4<sup>th</sup> May** - Nursery closed to be used as a polling station

**Monday 8<sup>th</sup> May** - Bank Holiday for the King's Coronation

**Tuesday 9<sup>th</sup> – Friday 12<sup>th</sup> May**  
Year 6 SATS

## Clever Never Goes!

CLEVER NEVER GOES is the new campaign that teaches children how to stay safe from abduction whether they are outside or online. We would encourage you to have regular conversations with your child about not going with anyone, a stranger or a familiar face, unless plans have been made beforehand. We have hosted an assembly and helped children to recognise specific situations that are unsafe & know how to respond. More information can be found here:

<https://clevernevergoes.org/parents-2/>



## Community

**Local Residential Home:** Our Mental Health and Wellbeing Champions enjoyed a heart-warming visit to Ashby Lodge Residential Home. They thoroughly enjoyed their trip and interacting with the residents. The team and residents were so grateful for us going to see them – we have been asked to become regular visitors!



**Local Clothing Bank:** Thank you to everybody who donated any clothing items to 'The Clothing Bank'. Your donations will really make a difference to others. Please see their website for further details on how you can support: <https://theclothingbank.org.uk/>

**Comic Relief:** As part of Red Nose Day, jokes were chosen to share in assembly - it was great to hear the laughs and giggles! Mrs Hewitt also shared why we have Red Nose Day and their mission to end child poverty. Thank you to everybody who donated, we raised £99 in total.

## World Book Day

Lofthouse LOVES reading WBD meant we had a dedicated day to all things books! From costumes, quizzes and shared reading, to games, free books from Morrisons, writing poetry and online workshops, it was wonderful to see everyone's enthusiasm about their favourite authors, illustrators and genres. Our Reading Ambassadors also hosted their 'Book in a Box' competition and were blown away by the entries! Congratulations to our winners.



## Mental Health and Wellbeing

Thank you to everybody who joined us for our CAMHS (Child and Adolescent Mental Health Services) family workshop this month. We are very proud of our Mental Health and Wellbeing Champions for talking about their role in school and what we do at OPA Lofthouse to support positive mental health.



We are extremely grateful to have two linked CAMHS practitioners – Charlotte and Aidan - to further support our mental health. Since September, they have taken an active role in hosting classroom sessions, assemblies, parent/carer workshops and 1:1 specific interventions and support. If you have any further suggestions of any workshops you would like them to host in the future, please speak to Miss Cleasby and we will do our very best to accommodate.

Coming up: coffee morning with Future in Mind, SATs superhero sessions for Year 6, mood booster sessions for different year groups and online sessions for parents/carers:

<https://www.lofthousegate.outwood.com/posts/5709>

## Your linked CAMHS Practitioners

The School CAMHS (Future in Mind) Mental Health Support Team is part of the Wakefield Child and Adolescent Mental Health Services (CAMHS)



Please also see information from **Wakefield Families Together** to find out about services and support for your family:

<https://www.lofthousegate.outwood.com/posts/58>