

Monday, 22nd January, 2024

Children's Mental Health Week 2024

Dear parents/carers,

Children's Mental Health Week 2024 will take place from 5th-11th February and this year's theme is 'Your Voice Matters'. During this week, there will be a particular focus on mental health, which will be in addition to our regular focus on mental health and wellbeing throughout the year.

As part of their role, our Mental Health and Wellbeing Champions will also be leading an assembly and they would like to encourage all children to enter a photography competition! Our champions would like children to take and either print out or post on the academy's X account (formally Twitter) @OPA_LG, a picture that represents mental health to them and, where possible, linking to the theme 'Your Voice Matters'.

Entries to be in by Wednesday 7th February. Our Mental Health and Wellbeing champions will choose a winner from EYFS, KS1, LKS2 and UKS2 and announce on Friday 9th February. They can't wait to see your creative entries!

As always, there is a wealth of information about mental health and wellbeing on our website: <https://www.lofthousegate.outwood.com/mental-wellbeing> and a member of our team is always here, if needed.

Thank you for your continued support,

Mrs Webb
Vice Principal and Mental Health and Wellbeing Lead