



NEWSLETTER

DATE 28th January 2022

UP COMING DATES

7th February - 13th February -
Children's Mental Health Week

9th February - Safer Internet Day

Friday 18th February -
Academy closes for half term

Monday 28th February -
Academy re opens for Spring 2

Thursday 3rd March - World Book Day (more information to come!)

Please see our website for next year's term dates and INSET days:

<https://www.lofthousegate.outwood.com/term-dates-and-closures>

Polite Reminders

Parking:

Please be considerate of our neighbours and local community when parking outside and near the academy. Thank you for your continued co-operation and to those who walk when they can. For those who park in our academy's car park for disabled access or for Kool Kids, please can you be mindful of other vehicles when parking and opening doors.

PE Kits:

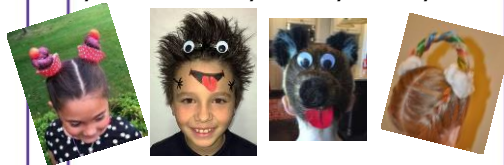
As the weather is a little colder, please ensure your child has a suitable outdoor PE kit. This should include (where possible):

- Purple t-shirt
- Plain black trainers
- Plain black jumper/jacket
- Plain black jogging bottoms

Dates for your Diary:

Red Nose Day 2022 – Friday 18th March

We are inviting children (and adults!) to celebrate Red Nose Day with wacky hair styles! If you wish to donate for causes in the UK and around the world, this can be made via ParentPay on the 18.3.22. We can't wait to see your creativity to show our support tackling important issues such as: homelessness, hunger and mental health. Google has some great ideas if you search 'easy whacky hair styles!'



World Down Syndrome Day – Monday 21st March

We would like to invite children (and adults!) to wear odd socks to show our support for full inclusion in society for people with Down Syndrome and disabilities, and indeed for everyone **#InclusionMeans**

Further information can be found here: <https://www.worlddownsyndromeday.org/what-is-down-syndrome>



Mental Health & Wellbeing

Thank you to all those who completed the Mental Health and Wellbeing Survey that was sent at the beginning of the month. Following this, we wanted to respond to the feedback and share one of our future plans!

Here is our Mental Health and Wellbeing team, who you can contact if you have concerns regarding your child. In addition to this, there is Mrs Hadfield (Principal) and Mrs Pugh (our Safeguarding and Attendance Officer) and Mrs Harlow (our SENDCo).

Any member of staff is happy to talk, but we do have specific staff trained for different pastoral needs.



Where can you find additional information?

Please follow the purple tabs below on our new website if you require external services or support:

<https://www.lofthousegate.outwood.com/mental-wellbeing>

We have also put a list together of agencies and support you can access:

<file:///C:/Users/l.cleasby/Downloads/Mental%20Health%20Resources%20-%20Hand%20Outs.pdf>

We provide regular updates of our Mental Health and Wellbeing Champions on our monthly newsletters, on our website

<https://www.lofthousegate.outwood.com/childrens-roles> and on Twitter (@OPA_LG)

In terms of how we teach Mental Health and Wellbeing and RSE, this is integrated throughout the school day. We also have regular assemblies (shared on Twitter), our champions visiting classes and also our dedicated 'Time To...' sessions and our PSHE and RSE session. Ask your child what they have been learning and you can see all the lessons and resources here if you wish to further support at home:

<https://sites.google.com/littleworth.outwood.com/opawellbeing/home>

Miss Cleasby is looking to host a coffee and cake morning (in April) and invite mental health charities/agencies to join. If anybody is interested in supporting, donating any treats or has any contacts in mental health, please email: remotelarning@lofthousegate.outwood.com