

9th June 2023

Dear parents and carers,

After the success of our OPA Diploma 'One Big Coffee Afternoon' we are delighted to be able to invite you in to share our OPA Diploma 'The Big Workout' this half term too.

The focus this half term is leading a healthy lifestyle where the children will be focusing on making healthy choices including snacks and exercising.

The children will be putting together a series of circuit like activities that will be completed to music outside on the field. Parents are invited to join us to complete the big workout in children vs parents! We can't wait to see who will win!

The event will take place on Friday 14th July 2023 at 2.00-3.00pm. Please join us using the normal school gate but please note that this will be locked after a short time to ensure that the school is kept safe and secure for all children on site.

Come dressed in your sportswear with a bottle of water for an afternoon of fun and fitness! Please note this event will require you to complete circuit activities and will not be suitable for younger siblings to attend.

Thank you for your continued support,

Miss Park and Mrs Carr
Year 2 Team